Ankle Valgus after Left Ankle Fracture

Case study provided by Peter M. Stevens, M.D., University of Utah

Diverging screws function like a hinge, avoiding physis compression.
Indications
The eight-Plate is indicated for any angular deformity in a growing child/adolescent who would otherwise require an osteotomy.

Contraindications
The eight-Plate should not be used for adult deformities or where the growth plate has closed because of trauma, infection or skeletal maturity.

Hemi-Epiphiysiodesis and Guided Growth References
- Hemi-Epiphsiodesis for Deformity Management
  P. Stevens, Abstract, IPOS, Orlando, FL, USA, 12/03/2005
- Hypophosphatemic Rickets: The Role of Hemi-epiphsiodesis
- Hemi-epiphsiodesis for Posttraumatic Tibial Valgus
- Guided Growth for Angular Correction
  P. Stevens, Abstract, POSNA, San Diego, CA, USA, May 3-6, 2006
  P. Stevens, Abstract, IPOS No. 3, Orlando, Florida, November 2006
- Guided Growth for Angular Correction: A Preliminary Series Using a Tension Band Plate
- Eight Plate for Temporary Hemi-epiphsiodesis to Correct Angular Deformities
  J.E. Herzenberg, R. Burhardt, D. Paley, S. Standard
  Abstract (104), J. Child Orthop, Vol. 1 Suppl. 1, March 2007

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